



Year 11 **PHYSICAL EDUCATION**

Unit		Start/Length	Topics/Concepts/Skills/Inquiry	Assessment	Checkpoints	Due Date
Unit 1	MOTOR LEARNING	Term 1 Weeks 1 -10	Students will engage in learning that involves the integration of Motor Learning and Sport Psychology concepts with the physical performance area of Badminton. The assessment focuses on the inquiry process that applies the acquired knowledge to identify Motor Learning and Sport Psychology strategies and evaluate its effectiveness using primary and secondary data.	Combination exam	Revision sheet T1 Week 6	Term 1 Week 7 13/03/26
	SPORT PSYCHOLOGY	Term 2 Weeks 1 - 6		Project - Folio Multimodal	* Draft T2 Week 5 Monday	Term 2 Week 7 01/06/26
	Badminton			Prac video		
Unit		Start/Length	Topics/Concepts/Skills/Inquiry	Assessment	Checkpoints	Due Date
Unit 2	FUNCTIONAL ANATOMY AND BIOMECHANICS	Term 2 Weeks 7 -10 Term 3 Weeks 1 – 4	Students will engage in learning that involves the integration of Functional Anatomy and Biomechanics with the physical performance area of Touch Football. The assessment focuses on acquired knowledge being applied to how the principles of Biomechanics link to a specific position in Touch Football.	Combination Exam Prac video	Revision Sheet T4 Week 3	Term 3 Week 4 07/08/26
	Touch Football	Term 3 Weeks 5-10 Term 4 Weeks 1-4	Students will engage in learning that involves the integration of Equity (barriers and enablers) with the physical performance area of Netball. The assessment requires students to research the equity issues through analysis and synthesis of primary and secondary data.	Investigation - Report	* Draft T4 Week 3	Term 4 Week 5 6/11/25

*See scaffolding for each unit for additional checkpoint dates