Learning and Assessment Overview 2024



Year 9 Health & Physical Education

	Unit	Start/Length	Topics/Concepts/Skills/Inquiry	Assessment	Checkpoints	Due Date
Term 1	Space Invaders & Sustainable Health Challenge		Practical: In this unit, students develop their teamwork skills and their capacity to apply and transfer concepts and strategies in Soccer.	Practical Assessment	Ongoing	Week 9 21/03/24
		10 Weeks	Theory : In this unit, students identify the factors that contribute to sustainable health. They examine the external influences that could impact on their ability to make good decisions and plan creative interventions that promote their own connection to the community and enhance health and wellbeing.	Project Investigation	Draft Due Week 7	Week 9 19/03/24 (A,B,E) 21/03/24 (C,D)
	Unit	Start/Length	Topics/Concepts/Skills/Inquiry	Assessment	Checkpoint	Due Date
Term 2	Volleyball & My Body	10 Weeks	Practical: In this unit, students will participate in Volleyball. Students will be assessed on their skill level and practical application of the skills required in Volleyball.	Practical Assessment	Ongoing	Week 9 13/06/24
			Theory: This unit covers anatomy of the body, including muscles, bones and their functions in the body system.	Exam	Exam	Week 8 04/06/24 (A,B,E) 06/06/24 (C,D)
Term 3	Unit	Start/Length	Topics/Concepts/Skills/Inquiry	Assessment	Check point	Due Date
	Games We Play & Training For Success		Practical: In this unit, students will participate in Touch Football. Students will be assessed on their skill level and practical application of the skills required in Touch Football.	Practical Assessment	Ongoing	Week 9 5/9/24
		10 Weeks	Theory: In this unit students will analyse fitness components and training principles to modify a training program specific to touch football. They will also identify the benefits of fitness and maintaining a fitness level throughout their life.	Assignment - Extended Response	Draft Due Week 7	Week 8 27/08/24 (A,B,E) 29/08/24 (C,D)
	Unit	Start/Length	Topics/Concepts/Skills/Inquiry	Assessment	Check point	Due Date
Term 4	Strike Out & Sun Safety/ Domestic Violence		Practical: In this unit, students will participate in a range of movement skills and evaluate their own and others' performance of movement skills and sequences that are used in Softball or Cricket.	Practical Assessment	Ongoing	Week 9 28/11/24
		10 Weeks	Theory: In this unit, students will be learning about personal and environmental safety. They will explore sun safety domestic violence and practical environmental preparedness. They will develop strategies to minimise their risk of contracting skin cancer and recognising and addressing domestic violence in the future.	Booklet Extended Response	Ongoing	Week 6 05/11/24 (A,B,E) 07/11/24 (C,D)