

Learning and Assessment Overview 2024



MALANDA
STATE HIGH SCHOOL

Year Level 7

HPE

	Unit	Start/Length	Topics/Concepts/Skills/Inquiry	Assessment	Checkpoints	Due Date
Term 1	Outdoor Education	Week 1 Term 1 10 weeks	<p>Movement and physical activity: Students will participate in challenging and outdoor education based activities and will propose and evaluate strategies designed to achieve personal health, fitness and wellbeing outcomes as well as applying leadership, collaboration and group decision processes when participating in the activities.</p> <p>Personal social & community health: Students analyse the impact of physical environmental changes and transitions brought about by starting high school and devise strategies to support themselves and others through these changes. Students identify and analyse the importance of interpersonal skills, communication skills and group interactions when starting high school.</p>	Project with Performance (integrated)	Week 7	Week 8 7A 13/03/24 7B,C,D 14/03/24
Term 2	Athletics	Week 1 Term 2 10 weeks	<p>Movement and physical activity: Students will apply, refine and transfer movement skills and concepts specific to athletics (jumping and throwing). They will implement and evaluate the effectiveness of their movement strategy to create the specific athletic movement outcome.</p> <p>Personal social and community health: Students will analyse factors that influence adolescent identities, emotions and responses to change, and describe strategies to respond to these influences. Students explain and apply skills and strategies to communicate assertively and respectfully when seeking, giving or denying consent.</p>	Performance (formative)	Week 7	Week 8 7A 29/05/24 7B,C,D 30/05/24
	Approaching Adolescence			Examination		
Term 3	Fitness Skills & Healthy Choices	Week 1 Term 3 10 weeks	<p>Movement and physical activity: Students participate in a range of physical fitness activities that improve fitness and wellbeing. Students design and justify strategies to increase physical activity levels to achieve ongoing health and well-being outcomes.</p> <p>Personal social and community health: Students plan and implement fitness and nutritional strategies, using health resources, to enhance their own and others health and well-being. Students explore how messages related to nutrition and physical activity are represented in a variety of media platforms and how this influences their own and other's attitudes and behaviours towards food and exercise. Health information such as the Australian guide to healthy eating will be analysed to inform students of the importance of achieving a healthy and active lifestyle.</p>	Investigation with Performance (integrated)	Week 8	Week 9 7A 04/09/24 7B,C,D 05/09/24
Term 4	Indigenous Games	Week 1 Term 4 11 weeks	<p>Movement and physical activity: Students will investigate a range of cultural, historical and modern activities that will encourage students to apply, refine and transfer movement skills across a variety of movement situations. They investigate modifications to equipment and rules that support fair play and inclusive participation.</p> <p>Personal social and community health: Students will analyse factors that influence their mental health (stress, mental illness, physical activity) and will plan and implement coping strategies to self – manage emotional responses to challenging situations they are faced with in everyday life.</p>	Practical Performance	Weekly	Ongoing to week 9
	My Mind Matters			Project (Journal Entry)	Week 7	Week 8 7A 20/11/24 7B,C,D 21/11/24