

# Learning and Assessment Overview - 2024



## MALANDA STATE HIGH SCHOOL

Year 10

Health and Physical Education

	Unit	Start/Length	Topics/Concepts/Skills/Inquiry	Assessment	Checkpoints	Due Date
Term 1	Water Polo	Week 1 Term 1 10 Weeks	<p><b>Practical:</b> Water Polo skill and game play development. Student's physical skills and abilities are progressively tested throughout the semester.</p> <p><b>Theory:</b> Throughout this unit students will learn about the importance of nutrition and investigate the issues of body image.</p>	Practical Water Polo Assessment	Draft week 8	Week 9 21/03/24
	Body Image			Report	11/03/24 <i>See task for other checkpoint dates</i>	Week 9 19/03/24
	Unit	Start/Length	Topics/Concepts/Skills/Inquiry	Assessment	Checkpoints	Due Date
Term 2	Oztag	Week 1 Term 2 10 Weeks	<p><b>Practical:</b> Students will compete in the sport of Oztag. Students will be involved in skill development activities and game play scenarios. Student's physical skills and abilities are progressively tested throughout the semester.</p> <p><b>Theory:</b> Students will gain knowledge and understanding of the human body including the major body systems and body movements specific to sports performance and exercise physiology.</p>	Practical Oztag Assessment		13/06/24
	Body Systems in Sport			Exam		04/06/24
	Unit	Start/Length	Topics/Concepts/Skills/Inquiry	Assessment	Checkpoints	Due Date
Term 3	Netball	Week 1 Term 3 10 Weeks	<p><b>Practical:</b> Students will compete in the sport of Netball. Students will be involved in skill development activities and game play scenarios.</p> <p><b>Theory:</b> Students will identify, understand and apply skill acquisition principles to their individual Netball performance, through focusing on skill classification, stages of skill learning, factors influencing skill learning and types of practice.</p>	Skill Acquisition and Practical Portfolio Multimodal Presentation	Draft	05/09/24
	Skill Acquisition				20/08/24 <i>See task for other checkpoint dates</i>	27/08/24
	Unit	Start/Length	Topics/Concepts/Skills/Inquiry	Assessment	Checkpoints	Due Date
Term 4	Volleyball/ Ultimate Frisbee	Week 1 Term 4 8 Weeks	<p><b>Practical:</b> Students will compete in the sports of Volleyball or Ultimate Frisbee. Students will be involved in skill development activities, tournament play and game play scenarios.</p> <p><b>Theory:</b> Students will identify, understand and apply biomechanical principles to their individual Volleyball performance. They will analyse a physical skill and improve their technique through the application of biomechanical knowledge.</p>	Practical Volleyball	Draft	14/11/24
	Biomechanics			Biomechanics Multimodal	05/11/24 <i>See task for other checkpoint dates</i>	12/11/24